

Sharon Melnick, PhD

Coaching, speaking and virtual training proven to promote women and increase their impact.

Dr. Melnick is the 'go to' trusted Executive Coach for:

- Women executives who want to influence management politics and inspire their teams
- Mid-career women who want their next level opportunity soon and with more confidence
- All women who want to overcome bias for themselves and those behind them



POPULAR SPEAKING TOPICS

Let Sharon “wow” your team or live event!

In Your Power: How to Be A Poised Leader, Command Respect, and Influence Change... While Staying True to Who You Are

- Three common ways women leak their power, and the instant plug that puts any woman back in control
- How to stay poised under pressure, not get hijacked by your emotions
- A simple phrase that unleashes your energy instead of getting drained by people issues
- Be the woman who is eloquent in high pressure situations and moves everyone to win-win

Success Under Stress: Powerful Tools for Staying Calm, Confident, and Productive when the Pressure is On

- Be less reactive and more intentional
- Have more time for innovative thinking
- Stay calm and poised, instead of reacting
- Get back to sleep in 3 minutes when your 'to-do' list wakes you up
- Have a growth mindset to be resilient during change
- Have 30% more energy at 5pm

From Pigeon-Holed to Promoted! A Proven Roadmap to Achieve Your Next Level

- Change the perception you are 'good at current role' to 'ready to promote now'
- Self-promote authentically to become trusted by senior decision-makers
- Get a “Yes” when you ask for more responsibility or a new role
- Overcome the specific gender bias that derails women in interviews

Confident Leader! Rise Above Self-Doubt and Bias for Next Level Impact

- Speak up even when you don't have all the answers
- Trust yourself to make decisions without angst
- Regain confidence worn down in a male-dominated environment
- Own the room and command respect in any situation
- Source your confidence from within, not from others' validation

To learn more about Speaking and Training, The Next Level Leader virtual program to advance women, and one-on-one Executive Coaching, visit SharonMelnick.com or call 212.842.4638.

About Dr. Sharon Melnick

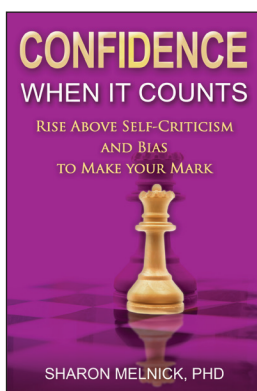
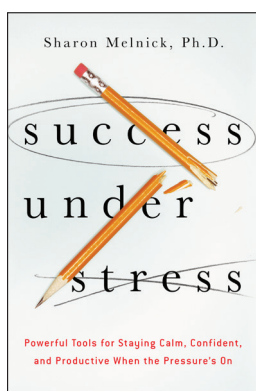


A global authority on women's power and next level success, Sharon's practical tools are informed by 10 years of research at Harvard Medical School and field- tested by over 30,000 clients/trainees at 35 Fortune 500 companies. She

has created buzz at more than 150 conferences.

She is a founder of the Next Level Leader initiative, which is proven to help mid-career women achieve next level roles within four months.

Sharon is the bestselling author of *Success Under Stress*, *Confidence when it Counts*, and an e-book *From Pigeon Holed to Promoted*. Her third book, in progress, is on women and power.



CLIENTS AND APPEARANCES INCLUDE:

- Google
- JP Morgan
- Procter and Gamble
- Healthcare Businesswomen's Association
- Women Presidents Organization
- Genentech
- Sodexo
- MetLife
- United Airlines
- Working Mother Multicultural Women's Conference

Dr. Melnick has even presented at the United Nations and the White House!

How can you work with Dr. Melnick to reach your next level and inspire your team?

- Hire Dr. Melnick for individual coaching
- Engage her to speak at your conference or train your team/women's network
- Enroll in the Next Level Leader Program (virtual group coaching)



RAVE REVIEWS!

“Engaging, invigorating, and a truly fresh look at common challenges. Our team gave rave reviews on how the tools were helpful in immediate and practical ways.”

NORA CASHION, MERCK

“Fun, interactive, inspiring – and gave us practical tools...I feel like I won the Speaker Lottery!”

PATTY MCHUGH, CEO, MCHUGH CONSTRUCTION

“Truly inspirational and highly impactful to the organization. 100% of the participants rated it as ‘recommended to others.’”

CORNELIA ECKER, WOMEN'S LEADERSHIP NETWORK, PROCTER AND GAMBLE

“Your real-world advice provided essential guidance for every attendee. The tools have allowed me to be noticeably more effective as leader of our organization.”

MIKE KOCHENOUR, CHAIRMAN & CEO, YORK TRADITIONS BANK

CONTACT DR. MELNICK TODAY!

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