



PROGRAMS TO DEVELOP AND ADVANCE WOMEN

PIGEON HOLED TO PROMOTED: PROVEN STRATEGIES TO ACHIEVE NEXT LEVEL IMPACT

You get glowing performance reviews, and you want to make a difference...but you feel stuck 'in a box'? Get a roadmap and specific influencing strategies to achieve expanded responsibility, strategic projects, next level opportunities, and greater impact in the organization.

SUCCESS UNDER STRESS/RESILIENT LEADERSHIP DURING CHANGE:

Relentless demand and constant change? Learn a practical toolkit to maintain control: Stay calm, don't react; Get back to sleep within 3 minutes when awoken at 2am; Have More Uninterrupted time to Think; Maintain a resilient mindset during Change; Deliver value and Lead others through Change. Based on Dr. Melnick's book *Success under Stress*.

CONFIDENT CONTRIBUTOR!

Talented but doubt yourself? Based on Dr. Melnick's 10 years of research at Harvard Medical School and best-selling book *Confidence when it Counts*, learn practical strategies to rise above second guessing and pressures to be perfect. Get scripts to communicate with confidence even when you don't have all the answers. (Includes Confident Leader Type Assessment)

GENDER BIAS: HOW TO CALL IT OUT, COUNTERACT IT, AND CHANGE IT

Be informed about 15 proven forms of gender bias. Recognize if you are experiencing bias – and how you can improve your effectiveness. Get practical solutions to create an objective perception in the mind of decision makers and contribute to your organization's culture of inclusion.



FEEDBACK:

"Rated the **most valuable part of our Women in Leadership program**"

– Charlotte Hawthorne, Eli Lilly

"Truly **inspirational** and **highly impactful** to our organization. 100% Recommended to Others"

– Cornelia Ecker, P&G

"Outweighs other programs. Her tools are **immediately applicable** and enabled me get a "Yes" for a previously stalemated influencing situation crucial to my career. Now I am moving the important work forward and my manager approached ME about a **promotion!**"

– M.D., Prudential

"I got a **promotion**, and both **a raise and a bonus**"

– P.R., AstraZeneca